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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Thursday, December 26, 2024

Ascension Phases

There are three Ascension Phases-

Know yourself, Accept yourself, and Transcend yourself

---

1. Know yourself = What is my Purpose?

2. Accept yourself = Step into your Purpose

3. Transcend yourself = Become a Divine Co-Creator. Manifest Heaven on Earth.

There is a Spiral at each phase. The Spiral comes back within each phase.

The Phases of the Spiral are:

1. It's always darkest before the dawn. Some dark time in human life leads to the dawn.

2. Initiation (the dawn)

3. Integration

4. Embodiment (Manifest Heaven on Earth)

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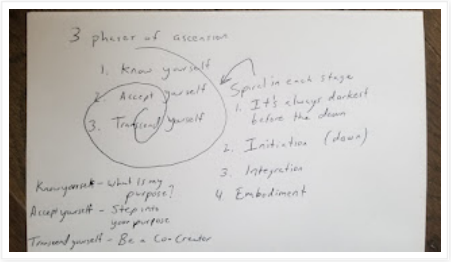
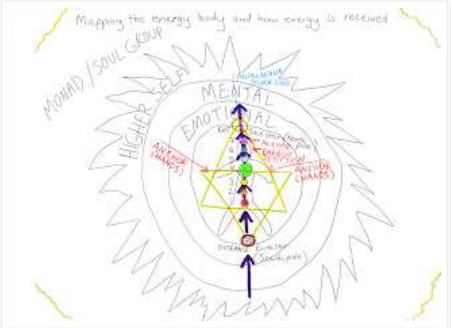

3 phases of ascension
1. Know yourself
2. Accept yourself
3. Transcend yourself
Spiral in each stage
1. It's always darkest before the dawn
2. Initiation (dawn)
3. Integration
4. Embodiment
Know yourself - What is my purpose?
Accept yourself - Step into your purpose
Transcend yourself - Be a Co-Creator



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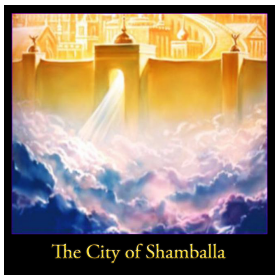

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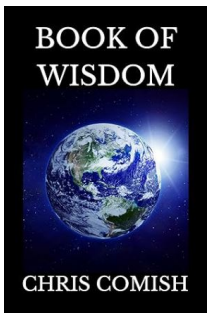

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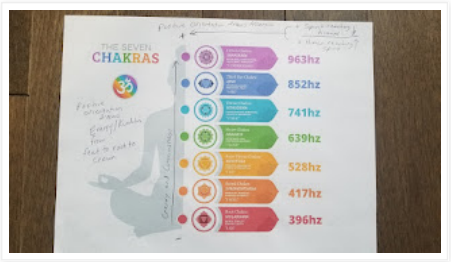

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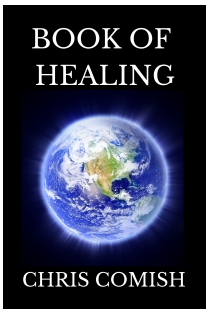

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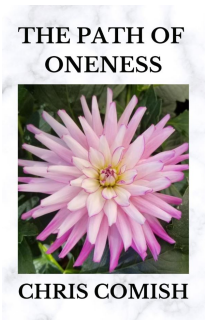

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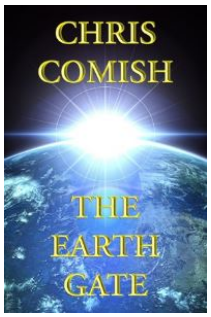

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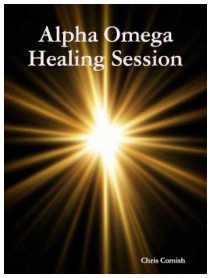

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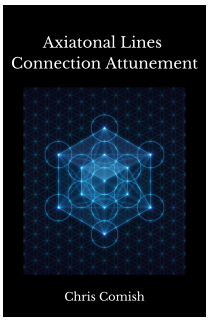

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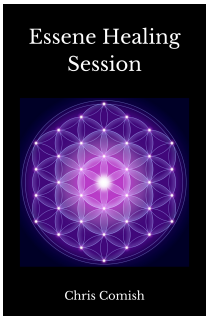

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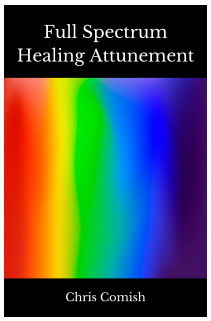

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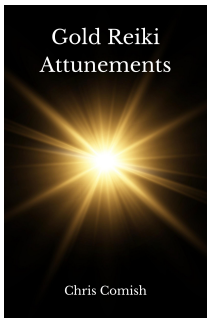

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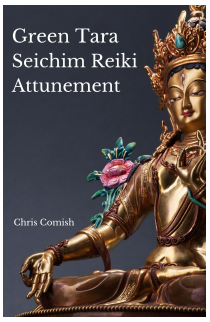

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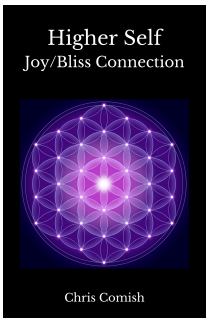

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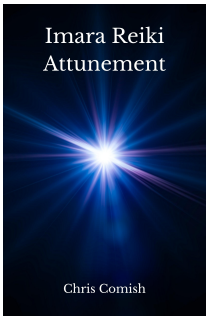

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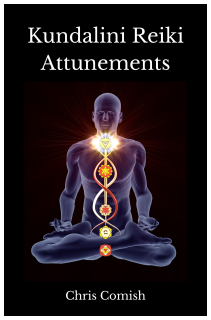

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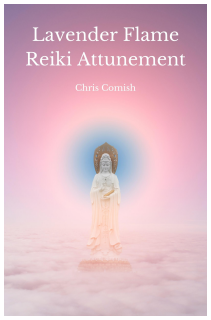

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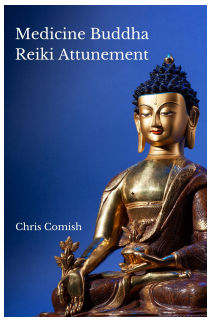

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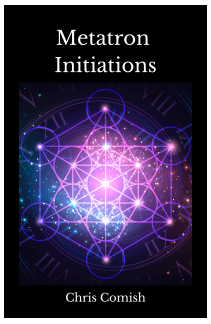

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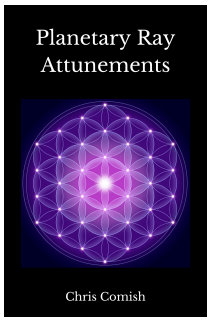

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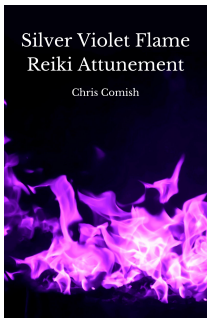

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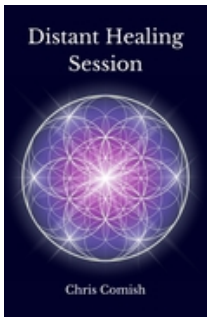

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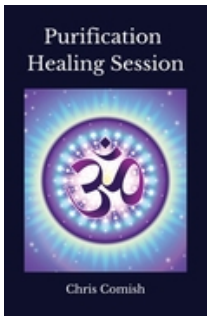

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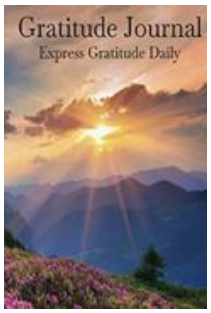

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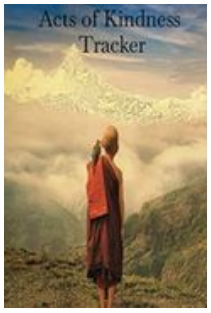

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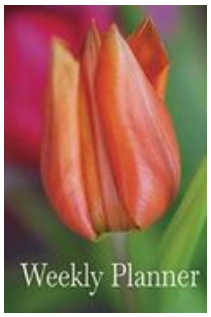

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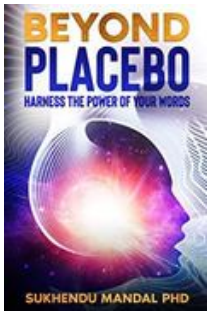

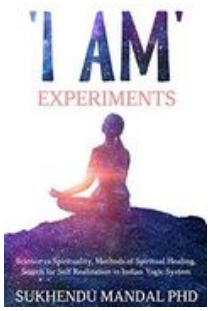

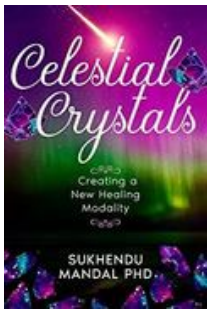

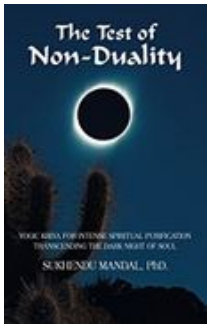

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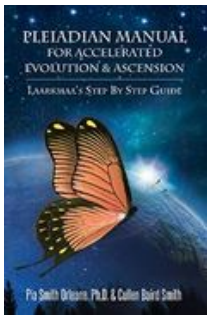

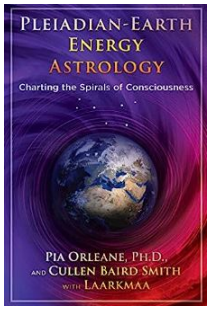
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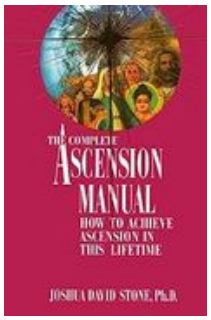
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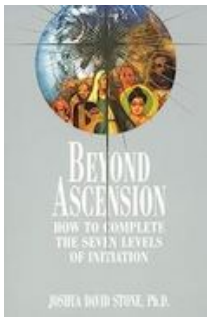
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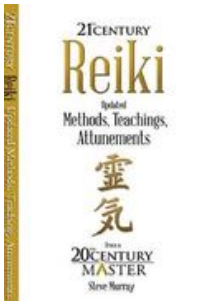
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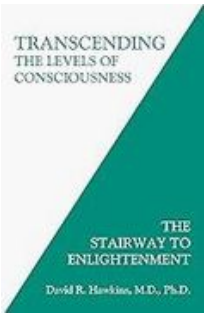
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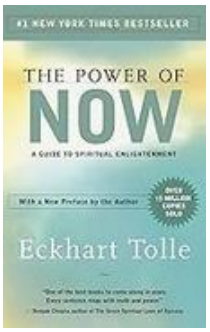
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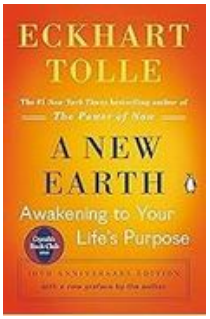
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Awakening to Your
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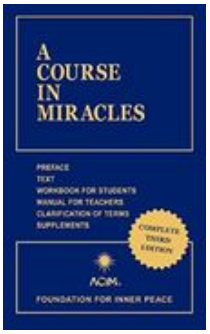
The
Jeshua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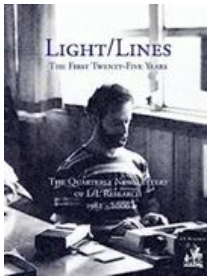
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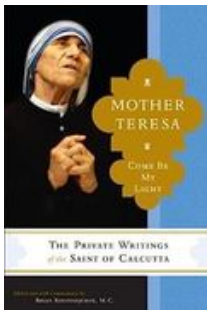
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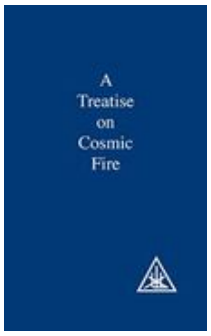
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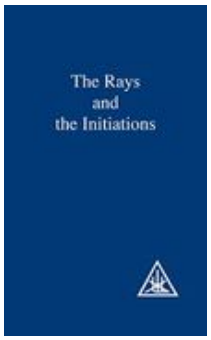
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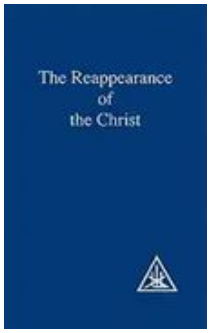
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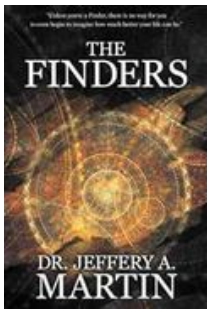
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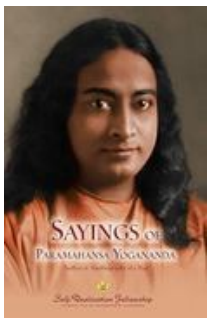
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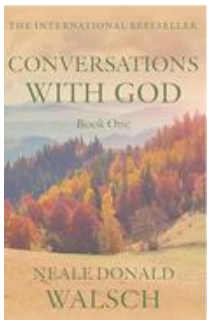
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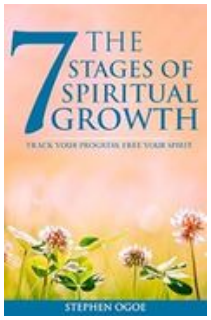
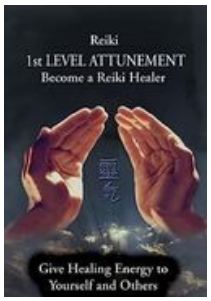
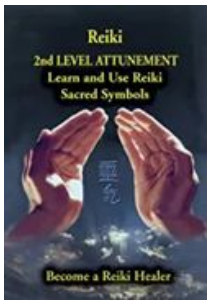
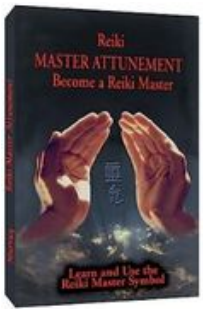
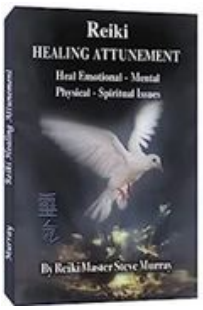


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- Solstice Transmission with Anrita Melchizedek
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